

(Curriculum Vitae)

فرزاد شیدفر

رتبه علمی : استاد

آدرس: بزرگراه شهید همت - دانشگاه علوم پزشکی ایران - دانشکده بهداشت

تحصیلات: کارشناسی تغذیه از دانشگاه علوم پزشکی اصفهان ۱۳۷۲ - رتبه دوم در بین دانش آموختگان

کارشناسی ارشد تغذیه از دانشگاه علوم پزشکی تبریز ۱۳۷۵ - رتبه اول آزمون کارشناسی ارشد کشور در سال ۱۳۷۲ و رتبه

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دکترای **Ph.D** تغذیه از دانشگاه علوم پزشکی تهران ۱۳۸۱ - رتبه اول آزمون جامع علوم پایه دانشگاه

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Publication:

[-Does consumption of polyunsaturated fatty acids influence on neurorehabilitation in traumatic spinal cord-injured individuals? a double-blinded clinical trial.](#)

NorouziJavidan A, Sabour H, Latifi S, Abrishamkar M, Soltani Z, **Shidfar F**, EmamiRazavi H. Spinal Cord. 2014 Mar 18. doi: 10.1038/sc.2014.30. [Epub ahead of print]

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[-Does low birth weight predict hypertension and obesity in schoolchildren?](#)

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Congress:

1- 9th European Nutrition conference, 1-4 Oct 2003, Rome, Italy. Comparison of the effects of vitamin c, Omega 3 fatty acids and simultaneous administration of them on Lipoproteins, Apo A-I, Apo B and malondialdehyde in hyperlipidemic patients.

2- IX Asian congress of nutrition, 23-27 Feb 2003, New Delhi, India Effects of Purified omega 3 fatty acids on lipoproteins, Apo A-I, Apo B and malondialdehyde in hyperlipidemic patients.

3- IV International of nutrition and dietetics Congress, Antalia, Turkey 2-5 April 2003, the effects of vitamin c on lipoproteins, Apo A-I, Apo B and assessment it's interaction with copper in hyperlipidemic patients.

4- Fourthcoming Europaediatrics 2003 conference, Prague, Czech Republic, Oct 19-22, 2003. Early feeding with cow's milk solid foods in infancy and risk of insulin-dependent mellitus.

5- International conference of Health benefits of Mediterranean diet. Prepignan, March 12-15, 2004, France.

6- HealthWorldsAsia2004, Malaysia, Kuala Lumpur, 6-9 Sep 2004

7- HealthWorldsAsia2005, Singapore, 11-13 Nov 2005

8- World congress of cardiology, September 2006, Barcelona, Spain

9- European Academy of Paediatrics, October 2007, Prague, Czech Republic

10- 6th world stroke congress- 24-27 September 2008 – Vienna-Austria.

8- World congress of cardiology, September 2010, Beijing, China

9- International Conference of prevention of stroke, Berlin, Germany, Feb 2010

10- 26th National Congress of Cardiology, Istanbul, Oct 2010

11- Asian conference of Nutrition Therapy, June 5-8, 2011, Bangkok, Thailand

Translations to Persian:

1- Nutrition in Pregnancy. Elizabeth M ward, The American Dietetic Association, 2000.

2- Complementary Feeding, Family Foods for breastfed children. World Health organization, 2001.

3- Nutrition and child care, a practical guide. Shanti Gosh, 2000.

4- Medical Nutrition and disease, Gail Morrison & Lisa Hart, 2001.

5- Krause's Food, nutrition, and Diet Therapy, 11 th edition, 2004, Saunders.

مشاغل اجرایی:

- ۱- معاون پشتیبانی دانشجویی فرهنگی دانشکده بهداشت دانشگاه علوم پزشکی ایران از ۱۳۸۱ تا خرداد ۱۳۸۵.
- ۲- معاون پشتیبانی دانشجویی فرهنگی دانشکده پزشکی دانشگاه علوم پزشکی ایران از خرداد ۸۵ تا آبان ۱۳۸۹.
- ۳- عضو کمیته ارزشیابی اعضاء هیات علمی دانشگاه علوم پزشکی ایران تا آبان ۱۳۸۹.

- ۴- عضو کمیته استعدادهای درخشان دانشگاه علوم پزشکی ایران تا آبان ۱۳۸۹.
- ۵- عضو کمیته HSR دانشگاه علوم پزشکی ایران تا آبان ۱۳۸۹.
- ۶- عضو شورای فرهنگی دانشکده پزشکی دانشگاه علوم پزشکی ایران تا آبان ۱۳۸۹.
- ۷- برنده جایزه مقاله برتر از کنگره بین المللی قلب عروق بارسلون اسپانیا سپتامبر ۲۰۰۶.
- ۸- برنده جایزه بعنوان افتخار آفرین رشته تغذیه از کنگره دانشجویان علوم تغذیه کشور بهار ۱۳۸۷- انستیتو تحقیقات تغذیه و صنایع غذایی کشور.
- ۹- پژوهشگر برتر دانشگاه علوم پزشکی ایران در سال ۱۳۸۳.
- ۱۰- برنده جایزه مقاله برتر از کنگره آسیا اقیانوسیه در بانکوک تایلند در ژوئیه ۲۰۱۱
- ۱۱- رئیس دانشکده بهداشت دانشگاه علوم پزشکی ایران از فروردین ۱۳۹۲ تا آذر ماه ۱۳۹۲
- ۱۲- مدیر کل آموزش دانشگاه علوم پزشکی ایران از آذرماه ۱۳۹۲ تا بهمن ماه ۱۳۹۲
- ۱۳- معاون اداری و مالی دانشکده علوم تغذیه و رژیم شناسی دانشگاه علوم پزشکی تهران از اردیبهشت ۹۰ تا شهریور ۱۳۹۲
- ۱۴- پژوهشگر برتر دانشگاه علوم پزشکی ایران در سال ۱۳۹۲
- ۱۵- عضو هیات ممیزه دانشگاه علوم پزشکی ایران از فروردین ۱۳۹۲